

GENERAL INSTRUCTIONS

- ◆ **If your child was anesthetized with Lidocaine**, please watch lip, cheek and tongue chewing, pulling or biting. These tissues are extremely fragile and can be easily ulcerated with continued trauma.
- ◆ Your child may have oozing associated with crown or rubber dam/clamp placement. This will subside in 1-2 days. Please notify our office if a crown comes off and a time will be appointed for replacement. Please bring the crown if possible for recementation. Floss has the potential to hang on the margin of crowns, potentially pulling the crown off. If this occurs, have your child let go of the floss on the side by the tongue/roof of mouth and slide the floss through by the cheek side.
- ◆ **If your child had sealants, white or silver fillings, crowns, or space maintainers placed**, please help us to ensure success with these restorations by reminding your child not to eat sticky candy (gummy bears, Now and Later candies, Jolly Ranchers, etc.) or crunching on ice. No chewing gum for 48 hours after sealant placement. These habits can break the restorations that have been placed and could necessitate retreatment. Your child may tell you that he/she is biting "funny" or "high" or that his/her teeth don't fit together. This is normal and after 2-3 days is no longer noticeable.
- ◆ **If your child had restorations on their anterior (front) teeth**, please remind your child to not bite into hard foods (ex: raw apples, carrots) or use their front teeth to open chip packages, tear at beef jerky, etc. These habits can break the restorations that have been placed and could necessitate retreatment.
- ◆ Large fillings which are close to the nerve of the tooth may be sensitive to hot and cold foods and beverages for some time.
- ◆ **If your child has had extractions**, please observe the following instructions:
 - 1) No carbonated beverages for 2-3 days
 - 2) No sucking through straw for 2-3 days
 - 3) No smoking
 - 4) No sharp foods (chips, etc.) for 2-3 days
 - 5) Eat soft cold, cool or warm foods for 1-2 days
 - 6) Activity that would cause your child to become hot should be limited for 1-2 days.
 - 7) Mild to moderate oozing for 2-3 days is normal. Please place gauze at extraction site if bleeding is heavy and have your child bite down with firm pressure.
- ◆ **Use age and weight appropriate dosages of Tylenol, Motrin or Advil for any discomfort related to today's treatment.**

If you have any questions or problems after your child's treatment or after hours, please feel free to contact your dentist at (903) 892-1200 or 1-800-362-9078.

Our website is:
www.shermankidsdentists.com

Form 12/Rev. 10/13

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